



SOCIAL MEDIA POLICY

My privacy is important to me and as a counsellor even more so keeping my private life and work separately.

I belong to social media websites, I am bound by my duty of the professional bodies I belong as an active member not to engage personally with clients therefore I will not add you on my personal social media websites, or after our work is completed.

I have a professional page where I share information of benefit to client, feel free to look at these for any information you might find helpful. If you do share anything on social media then remembering this is just like any other social media platform your confidentiality could be compromised or our working alliance could compromise your confidentiality of receiving counselling.

You may have searched and found me on google counselling directory, some of these allow users to add a review again this compromises your privacy as these sites are a public forum and could reveal who you are. I welcome your feedback but this would be welcomed in the sessions rather than an open forum to not compromise yourself.

I will not actively seek to google you on the web to find out any more information about you and would ask for you to do the same with me.

I do not use WhatsApp, Facebook messenger, Instagram or Twitter as a secure platform for my work as I believe these are not GDPR compliant.